

## Elmscot launches Cookbook





Children from Hale Day Nursery's Preschool, showing their favourite recipes in the new cookbook: left to right: Poppy, Alex, Agnes, Maggie, Lara and Max

Elmscot has always been passionate about the quality and variety of food made available to children; staff too benefit from a free healthy lunch every day. Over the years we have won a number of awards recognising our commitment and at the end of last year, our Chef from Woodlands, Helen Krawczyk, with the help of our dietician and her manager Ivana Beckett, won the national Nursery Management Today 'Nursery Chef of the Year' Award after a gruelling cook-off against the other finalists.

Following this success, 2014 began with the launch of our first Cookbook 'Children's Favourites', an idea which came about from parental requests for recipes for the meals we enjoy at Nursery. What makes the book particularly special are the photographs and drawings by the children of their meals. If any parent would still like a copy, please ask any member of the team.

And the future? Well, we are currently working with the Children's Food Trust to further develop our knowledge of early year's nutrition and the further development of food education.



## **forthcoming**events

#### ⊚ST. DAVID'S DAY

1 Mar: On the Friday before (28 Feb) we will be making daffodils & building castles. Please wear red, white or

### PARDIATRIC FIRST AID TRAINING FOR PARENTS

1 Mar: Our annual free training course for parents to learn life-saving skills. Must be pre-booked.

#### ©ST. ₱ATRICK'S DAY

17 Mar: It's Irish dancing, a themed lunch and a 'Luck o'the Irish' Treasure Hunt!

#### **FIRST DAY OF SPRING**

20 Mar: Planting bulbs and flowers

#### ⊚MOTHER'S DAY

31 Mar: We would like to invite all mums to Afternoon Tea

at Nursery

#### OINTERNATIONAL CHILD BOOK DAY

**2 Apr:** Come dressed as your favourite book character

#### ©CAMBRIDGE/OXFORD BOATRACE

6 Apr: Making boats during water play and playing rowing (and other) games in the gardens

#### ⊚WORLD HEALTH DAY

**7 Apr:** Would any doctors or dentists like to come and talk to children at nursery?

#### ©EASTER PARTY & BONNET PARADE

**16 April:** Bring in those bonnets, it's time for an Easter Egg **Hunt and Party!** 

#### ⊚ST.GEORGE'S DAY

23 Apr: Children will be making flags and creating cardboard knight's shields

#### ©LIVING EGGS SCHEME

May, Hale: This year it's Hale's turn. Children will be hatching their own chicks and caring for them with an incubator. A wonderful learning experience.

1 May: There will be Morris Dancing today as well as decorating a May Pole for even more dancing!

#### ⊚INTERNATIONAL FAMILIES DAY

**15 May:** Please bring in copies (not originals) of family photos for us to create your family trees

#### ⊚WORLD TURTLE DAY

23 May: A cinema afternoon for Preschool, watching a National Geographic programme about turtles

This is such a beatiful photograph, we couldn't leave it out of this issue! Hayley and Ellaboo from Woodlands are spending some quality time together

Quarterly update for parents at Elmscot, Hale and Woodlands

# Our Nursery Gallery...



All ready
with our
shopping
lists! Beech
Room
children from
Elmscot are
out & about
at Tesco's





At Chinese New Year, children in Badger and Owl at Hale made the most fantastic masks to celebrate the dragon parade.

Filling and emptying containers helps children to learn mathematical language: 'more than', 'less than' etc. Kate at Hale is fully absorbed in her water play activities.



Baking is so much more fun when you share as Arla & Ellis at Elmscot know



Pre-school children from Woodlands are enjoying spending time and reading stories in Timperley Library

> At Elmscot Day Nursery, Emily shows everyone her fantastic hand & eye co ordination. Large tweezers can be tricky!

Finlay, Isla and Isabella from Woodlands are decorating a Blossom Tree signifying courage for Chinese New Year







Zoe, Lewis, Riley, Jasmine and Scott have been 'Ramping up the Red' for British Heart Foundation



Jack, William and Luke at Hale enjoy building a zoo, developing physical, imaginative, social and language skills.



Frankie, Charlotte, Benjamin and Daisy dress up well to make the most of outdoor play at Hale even in Winter.

Lunch is served at Woodlands... Helen and Lila are dishing out Toad in the Hole with mashed potato and cabbage



George made his own garage at Hale from the junk modelling, demonstrating excellent imagination and concentration.





## DEVELOPING ENVIRONMENTS

Autumn and Winter brought significant investment in developing the play environments across the Group totalling over £50, 000. At Elmscot, the new extension to the Oak Room to accommodate a bathroom was completed, as well as more ongoing interior decoration, new furniture and new sensory equipment. Outside, there are new sand and water areas under a new white play canopy which makes it a brighter environment. There is also a new porch canopy to keep the omnipresent rain off, new railings and, soon, a Buggy Store for parents.

Hale has seen improvements to the parent car park (although some disappointment was noted from some children that there are now not so many puddles for splashing in!). There is a new Community Playthings Block Play area in Hedgehogs for children to explore and develop physical skills, improved soft furnishings in Rabbit to promote emotional wellbeing, and several new bikes and 'ride-on' toys for children in Squirrel to enhance outside play. There are new books, new wooden furniture and multi-cultural resources too.

Woodlands has seen two bathrooms completely refitted with touch-free dispensers and taps to help reduce transmission of infection, new toilets, sinks, cubicles and flooring. There is also new wooden furniture, sensory equipment, a new front door for nursery and a new artificial lawn in the Baby Garden.

Coming up this Spring at Elmscot is a complete replacement of the outdoor impact protection artificial lawn, a further £20,000 project.

### COMMUNITY MATTERS

Families and staff at Hale Day Nursery raised £80 for Save the Children in December with a 'Wear your Christmas Jumper to Work' day. Outfits of great taste were the order of the day...

Families from all nurseries and School's Out were incredibly generous in donating 2-3 carloads of teddies in the Christmas Appeal for the Children's Adventure Farm Trust. Jenny O'Hare from CAFT (see photo below right) came to Elmscot Day Nursery to meet some of the children and collect some of the teddies. All children who enjoy a respite break at CAFT are given a teddy as a reminder of their time to take home. The children at Elmscot know their teddies are going to loving new homes where they will be greatly appreciated.

The Elmscot Group is proud to support CAFT throughout the year; it is a registered charity which offers a variety of programmes for terminally ill, disabled and disadvantaged children from all over the North West.

In December 2013 one of our Woodlands staff members, Jessica Curbishley, underwent lifesaving heart surgery to replace a heart valve with a prosthetic one. On Friday 7<sup>th</sup> February, all the children and staff 'Ramped up the Red' for British Heart Foundation in support of Jess, wearing RED and teaming up with Stretch-n-Grow who delivered an exercise class called 'Healthy Happy Hearts'. Woodlands raised £81.63, and thank you to everyone for their support.







#### Free extra-curricular sessions run by specialist professionals

Italian Language & Culture	Mon, Woodlands (Preschool)	Children develop their knowledge and understanding of the world as they become aware of other languages.
JittaBugs Baby Sign & Play	Mon, Hale (0-2yrs) Mon & Wed, Elmscot (0-2yrs) Tues, Woodlands (0-2yrs)	We explore the baby's senses including touch, vision, sound and smell using bubbles, mirrors, scarves, feathers, parachutes, balls, fabrics, puppets,
Drama 4 Tots	Thurs, Woodlands (2-3yrs)	Fun and creative drama sessions inspiring young imaginations using interactive storytelling, mime, characterisation, movement and music, costume and props.
Stretch n Grow	Mon, Hale (2-5 yrs) Wed, Elmscot (Beech) Fri, Woodlands (2-5 yrs)	Children will learn about how their bodies work, whilst joining in fun physical activities.
French Language & Culture	Thurs, Elmscot (Oak)	Children develop their knowledge and understanding of the world as they become aware of other languages.

**Please note**: there will be changes to this schedule after the Easter break. Please check with each Nursery and parents will also be informed by eBulletin as usual.



### team training

Since December:

©Safer Working Practices: Abbie, Francesca, Alison, Amanda, Laura, Chloe, Joadie, Diana, Saraya, Janty, Karen, Katherine, Sasha, Hayley, Chloe, Rachel, Kelly, Vicky, Anita, Sharon, Jo, Rosa, Becky, Leah, Mel

⊚ICAN (Speech & Language Development): Carla, Jess, Emma, Danielle, Katherine, Ivana, Miriam, Frances, Melanie, Chloe, Lucy, Laura, Nicola, Stacey, Rachael, Mrs MacIntyre.

©First Aid: Philippa, Verity, Laura, Alex, Zoe, Bobbie

©Safeguarding (Level 2): Bobbie, Jess, Katie, Jean, Jo S, Claire, Karen, Mrs Naylor, Frances, Hayley, Marina, Philippa, Lucy, Stacey, Laura, Amanda, Mrs MacIntyre, Joadie.

©Behaviour Management: Saraya, Sue, Amanda, Janty, Sandra, Joadie, Diana, Nicola, Alison, Jade, Katherine, Karen, Ivana, Miriam, Frances, Jo, Philippa, Vicky, Rachel, Sasha

©Enabling Environments: whole Elmscot team, Ivana, Miriam, Philippa, Becky, Hayley, Chloe, Rachel, Marina, Frances, Catherine, Vicky, Stacey, Jess, Francesca, Amanda, Laura, Chloe, Abbie, Joadie, Nicola, Diana, Sue

©EYFS Training: Jo S, Mrs Homersham

©Under 2yrs Training: Carla, Michelle, Katie, Emma, Claire, Clare, Jean, Danielle, Kanta

Over 2 Years Training: Ivana, Ania, Sharon and Rachel

@Equality & Diversity: Leah

Safer Recruitment: Dee, Steph, Kelly, Miriam,

©Keeping Children Safe Online: Dee, Steph, Ivana, Becky, Gemma

©Reflective Practice: whole Elmscot team

©Positive Interactions: whole Elmscot team

Stretch & Grow Workshop: whole Elmscot team

Congratulations and a 'thank you' is deserved by all the team members who work so hard to keep their training up to this high standard.







