f SUMPLE 2014

www.schoolsoutgroup.co.uk

Active Fun For Children

In October 2013 the All-Party Commission on Physical Activity was set up in order to tackle the UK's growing physical inactivity epidemic. They compiled a report, delivered last month to 10 Downing Street, calling for a National Action Plan. The report recommends raising awareness of the benefits of physical activity, introducing a standardised measure of physical activity and "making physical activity a lifelong habit by providing early access to positive experiences for children in sports, physical education, and active play."

Here at School's Out we keenly encourage children to engage in physical activity in lots of different and enjoyable ways. We have daily access to outdoor play with equipment designed to make physical activity fun. Some clubs have access to adventure trails and climbing walls and others have equipment including scooters and space hoppers. We hold inter-club football tournaments, where children train and play matches, as well as our Holiday Club providing weekly sports workshops and a bouncy castle which is a great way to get the heart racing.

According to a survey undertaken to coincide with the launch of the Commission, almost half the parents interviewed feel their children do less physical activity than they did themselves as children. One of the reasons cited for this was a greater reliance on and access to technology. School's Out seeks to combine technology and physical activity; our Xbox's and Nintendo Wii's involve children moving around to play the games. The interactive dancing games are a very popular way to get physical and have fun.

Another factor cited by parents was a concern for child safety when playing outside. All of our play is supervised by trained staff so that children are able to engage in physical activity in a safe environment. This means our children are able to keep fit, have fun and remain safe all at the same time.

Children at School's Out WellGreen enjoying the trim

Forthcoming Events

* Whit Holiday Club

26th May-6th June - Registration Forms are now available at School's Out Clubs and can be downloaded from our website. The themes are 'Around the World in 5 days' and 'Disney World'

*World Cup

12th June-13th July - Craft to design football kits / teams. School's Out will be having their own interclub football tournament.

*InterClub Football Tournament and

Coaching
In preparation for our upcoming tournament,
Shooting Stars are providing coaching
workshops this term

* Father's Day

15th June - The children will be completing Father's Day cards and creating special presents (however we don't want to spoil the surprise too much).

* Schools Out Annual Charity Disco

27th June - This fantastic event, once again in aid of CAFT, will be held at St Peters Assembly Rooms this year. Tickets are £2.50 and each child will receive a goody bag. If you would like to buy tickets or require any further information please contact the office on 0161 980 0003 / schoolsout@elmscot.co.uk

* Independence Day

4th July – Creating fourth of July placemats, Freedom Bells out of model magic, Uncle Sam craft and much more.

* Summer Holiday Club

21st July - 2nd September - The booking forms will be available from the 6th May.



What have we been up to?



Above: Children at School's Out Navigation enjoying the trim trail.

Right:
Children at
School's Out
Bowdon
showing their
art work for a
recent art
competition
which was
held in Hale.
The children all
received a
certificate for
their entries.



Below: Children at Bollin School's Out showing how much their pumpkin has grown (We have a Pumpkin Challenge 2014 across the Elmscot Group to see who can grow the largest for Halloween!)

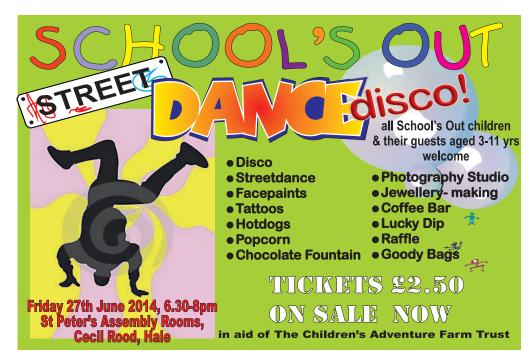


Above: Children at School's Out Navigation had lots of fun planting sweet peas and sunflower seeds.



Above: School's Out at Heyes Lane planting their pumpkin seeds, in preparation for the Elmscot Group Pumpkin Challenge. The children are very excited and hoping to win with the heaviest pumpkin.







Celebrating St George's Day at School's Out Bowdon by creating their own flags.



Children at School's Out WellGreen creating their very own Superhero masks as part of their hero's week.





Above: Children at Worthington creating fruit kebabs and learning about healthy eating.





Left and
Above:
Children at
School's
Out
Cloverlea
painting
pictures of
their
favourite
things.



Children at School's Out APS enjoyed a Bug's Week and created their own creatures from model magic.

500 Children

School's Out has recently celebrated reaching 500 registered children attending every week across our 8 out-of-school Clubs.

Over 2000 local children have attended School's Out Clubs since the Clubs first opened 11 years ago. An enormous effort is made to ensure that every child who attends School's Out is safe, happy and enjoys themselves. To celebrate this milestone, School's Out arranged for an ice cream van to visit all clubs and every child enjoyed a free ice cream of their choice.



Children at School's Out Bowdon enjoyed the ice cream visit, they even got to choose their favourite toppings.

FREE WORKSHOPS

School's Out run free workshops every half term for children to try out new skills and experiences. This half term, the children have enjoyed a First Aid Workshop delivered by St John's Ambulance and a Glitterbug UV Handwash Hygiene workshop.

After Whit there will be free football workshops provided by Shooting Stars for the children to practise their skills and get them prepared for our annual Interclub Football Tournament which will be run by Hale United.



Children at School's
Out Cloverlea
looking at how easy
it really is for germs
to spread, and how
to wash their hands
properly to get rid of
them all!

Community Matters

School's Out staff and children carry out many activities to raise money for local and children's charities. Recently the children wanted to raise funds for Sports Relief. They held a cake sale and 'guess the name of the bear' competition. At Bowdon the children also organised a fun run, where they dressed in fancy dress and ran 3 times around the school field. In total they raised over £245.00 for the charity.



Children from School's Out Bowdon preparing for the Fun Run and getting very excited.

TEAM TRAINING UPDATE

Congratulations to everyone who has successfully completed the following courses since Autumn:

Equality and Diversity Training

Marie, Caroline and Rebecca (APS),
Hannah, Tracy, Debbie, Jeanette, Vicky
and Monika (Bowdon), Cheryl, Margriet,
Louise, Jenny, Laura and Catherine (Bollin),
Sammy, Lisa, Juilette, Chelsie, Hannah
(Heyes Lane), Donna, Carol, Kelly, Michelle
(Navigation), Ruth, Sarah, Rachel, Karen
(Cloverlea), Katie and Hayleen
(WellGreen), Angela, Charlotte and Emma
(Worthington)

First Aid

Hannah and Vicky (Bowdon), Cheryl and Louise (Bollin), Hayleen and Katie (WellGreen), Charlotte, Angela, Antonia (Worthington), Juliette, Sammy and Lisa (Heyes Lane), Carol (Navigation), Wendy (Group Manager)

Keeping Children Safe online (CEOP)
Wendy (Group Manager)

Corel Draw Training
Hannah (Bowdon), Wendy (Group Manager)

Safer Recruitment Training Wendy (Group Manager)

Congratulations to Marie Jones (APS) for completing her Early Years Foundation Degree. Marie is looking forward to graduating in July.



Best Wishes from the School's Out team!





